

THRIVE THERAPY HOUSTON - GENERAL POLICY & SANITATION PLAN

General Policy

We are a small office with limited traffic and we are taking the cleanliness of our office very seriously. We also want everyone to feel comfortable and confident coming to our office. **To keep everyone healthy we are also asking that if you, your child, or your family has experienced: fever, coughing, difficulty breathing, runny-nose, or gastrointestinal issues within the last week that you stay home and contact your clinician to discuss telehealth session options.** We are asking our clinicians to observe this policy as well. As a general recommendation, we encourage all individuals to avoid close contact with anyone who is ill or has cold or flu-like symptoms wherever possible at home or in the community. We are making accommodations through telehealth online counseling services for any high-risk clients or those remaining on mandated or self quarantine. You will not be charged for late cancellations in these events.

Sanitation Plan

So if are healthy, with no high risk of exposure or symptoms, here is what we are are doing to keep our office safe for all of us.

- We are removing any non-essential materials or excess items that would otherwise require sanitation after any contact in waiting areas and therapy rooms.
- Sanitizing and cleaning all material and seating areas after each session. (Sessions will be ending at 50 minutes to made this possible)
- Required practice of recommended hand washing practices for all therapists and clients including sanitation before and after visits such as hand washing and sanitizer.
- Specialized and monitored cleaning plans within the office
- Available telehealth video sessions that are secure and HIPAA compliant for those at risk or more comfortable with limited exposure.

We have decided to remove the non-essential materials and toys in the waiting room so that we can be confident in the sanitation of the waiting room for you and your families. This may make the waiting area less comfortable for siblings and individuals not here for their own appointments and we encourage everyone to consider minimizing the number of individuals that remain in the waiting area. For those that cannot avoid bringing younger children and other individuals, please consider bringing your own materials or toys. If absolutely necessary, you may ask the clinician you are working with for toys, coloring materials, or magazines, etc. and we will provide them on an individual use basis. Some materials have been set aside for this purpose and will be "retired" after one-time use. Please bear with us as we make these temporary changes, you and your families health and wellness are our top priority.