

Conversation Cards for Connection



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WHEN I THINK ABOUT THE FUTURE, I FEEL...?

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WHAT IS ONE THING YOU WOULD LIKE TO LEARN?

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WHAT IS ONE CHANGE THAT WAS REALLY HARD FOR YOU?

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WHAT IS YOUR DREAM JOB?

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WHO IS SOMEONE THAT ALWAYS HAS YOUR BACK?

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WHO IS SOMEONE THAT I AM ALWAYS HAPPY TO SEE?

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WHEN THERE ARE MANY CHANGES HAPPENING, I USUALLY FEEL...?

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IF YOU WERE GOING TO START A NEW TRADITION, WHAT WOULD IT BE?

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WHAT IS YOUR FAVORITE THING TO DO WITH FAMILY?

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WHAT ARE YOU MOST GRATEFUL FOR?

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WHAT FEELINGS ARE HARDEST TO TALK TO OTHERS ABOUT?

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WHAT IS A CHANGE THAT HAS BEEN GOOD FOR YOU?

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WHAT IS SOMETHING YOU APPRECIATE ABOUT A LOVED ONE?

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WHAT IS YOUR FAVORITE HOLIDAY AND WHY?

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WHO IS SOMEONE THAT ALWAYS HAS YOUR BACK?

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WHEN I CANNOT FIND A SPACE OF MY OWN, I FEEL...?

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WHAT DO YOU MISS MOST ABOUT HOW THINGS USED TO BE?

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IF YOUR LIFE WAS A MOVIE, WHAT WOULD IT BE CALLED?

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WHAT IS ONE THING YOU ARE GLAD YOU NO LONGER HAVE TO DO?

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WHEN WAS THE LAST TIME YOU FELT PROUD OF YOURSELF?

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WHAT IS SOMETHING TRULY BRAVE YOU GOT TO WITNESS?
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WHAT ADVICE WOULD YOU GIVE A YOUNGER YOU?
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**WHAT IS YOUR FAVORITE QUOTE?
(OR THE FIRST ONE YOU THINK OF?)**
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WHAT IS SOMETHING THAT OTHER PEOPLE LIKE ABOUT YOU?
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WHAT IS SOMETHING YOU WISH YOU COULD CHANGE?
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WHO IS SOMEONE THAT EMBODIES CONFIDENCE?
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WHEN IS THE LAST TIME YOU FELT VULNERABLE WITH OTHERS?
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WHO WOULD BE YOUR "PROTECTOR FIGURE"? REAL OR IMAGINED
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WHAT IS ONE QUALITY THAT ALL OF YOUR FRIENDS HAVE IN COMMON?
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IF I HAD A MAGIC WAND I WOULD CHANGE...?
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WHAT IS ONE WAY TO SHOW SOMEONE YOU CARE WITHOUT WORDS?

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IF YOU COULD TRAVEL ANYWHERE, WHERE WOULD YOU WANT TO GO?

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WHAT IS SOMETHING YOU APPRECIATE ABOUT A LOVED ONE?

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WHAT IS SOMETHING YOU DO THAT MAKES YOU FEEL CREATIVE?

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WHAT IS ONE INVENTION YOU COULD NOT LIVE WITHOUT?

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WHEN I TALK ABOUT MY PROBLEMS, I FEEL...?

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WHY IS IT IMPORTANT TO TRY NEW THINGS?

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WHAT IS YOUR FAVORITE PLACE IN YOUR HOME?

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